

## Help feed our Thailand Trekkers!

We're g	athering snack supplies to feed all the h	nungry kids who come to our Thailand Trek
VBS. Ne	ext time you're at the grocery store, dro	p a few of the listed items into your cart; then
bring them to		by this date:
Day 1		Day 4
	watermelons	"just-add-water" pancake mix
	cantaloupe	chocolate syrup
		nonstick cooking spray
Day 2		
	bottled ground black pepper	
	bottled ground cinnamon	Other Supplies:
	bottled ground dill weed	
	bottled ground turmeric	
	bottled ground ginger	
	bottled ground cumin	
	bottled pumpkin pie spice	
	loaves of sliced white bread	
	tubs of whipped margarine	
Day 3		
	uncooked glutinous or jasmine rice	
	canned coconut milk	
	sweet & sour or sweet chili sauce	
	soy sauce	
	fresh pineapples (or canned if out of season)	
	fresh mangos (or frozen if out of season)	